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healthy choices – lifestyle-balance - provender nz limited

1 healthy choices – lifestyle-balance® the answer to sensible snacking the media is packed with articles relating to obesity, health and diet with the opportunity to use vending machines as an

information for patients and carers - bariatric surgery

4 1 introduction this booklet is a practical guide to help you achieve and maintain a healthy weight after bariatric (obesity) surgery. it will also help you to make sure that your diet is healthy, balanced,

section 20, competitive food nutrition standards

texas department of agriculture—june 28, 2017 competitive food nutritional standards 20.1 section 20, competitive food nutrition standards section 20 update guide june 28, 2017 updated section 20, competitive food nutrition standards to update the calories allowed for other beverages per 8 fluid ounces offered at the high school

napmg base pg3 021019 - cutshawsmarket

64 oz. best choice cranberry juice cocktail stewe stewed 14.5 oz. del monte stewed tomatoes 99c pic'â"ste 16 oz. pace picante sauce 2/\$3 craõerr

romford a125 the liberty guide stores & events

theliberty how to find us the liberty, romford, essex rm1 3rl by car follow signs to romford town centre. the car park entrance is in western road, close to the

volume 14 april 2011 issue 4 - organic vegetables

volume 14 april 2011 issue 4 our next meeting: thursday 19 may pg2 club information 3 notice board 4-7 events, workshops

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6 pg - north portland - page 2 2/10/19 we reserve the right to limit quantities. not responsible for typographical errors. illustrations do not necessarily depict sale items. not all items available in all stores.

menu - the plough harbore

burgers 2-for-1 burgers all day tuesdays all burgers are served with fries, dill pickle and homemade 'slaw plough burger with fried onion, plough burger sauce, iceberg, melted cheddar and mustard pickle • 14.5

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